1	A model study of tropical gravity wave changes with El Niño and La Niña
2	conditions and wave forcing of the quasibiennial oscillation
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ABSTRACT

Using an idealized model framework with high-frequency tropical latent 14 heating variability derived from global satellite observations of precipitation 15 and clouds, we examine the properties and effects of gravity waves in the 16 lower stratosphere, contrasting conditions in an El Niño and La Niña year. 17 The model generates a broad spectrum of tropical waves including planetary-18 scale waves through mesoscale gravity waves. We compare modeled monthly-19 mean regional variations in wind and temperature with reanalyses, and we val-20 idate the modeled gravity waves using satellite- and balloon-based estimates 2 of gravity wave momentum flux. Some interesting El Niño Southern Oscilla-22 tion (ENSO) changes in the gravity spectrum of momentum flux are found in 23 the model which are discussed in terms of the ENSO variations in clouds, pre-24 cipitation, and large-scale winds. The modeled intermittency in gravity wave 25 momentum flux is shown to be very realistic compared to observations, and 26 the largest amplitude waves are related to significant gravity wave drag forces 27 in the lowermost stratosphere. This strong intermittency is generally absent 28 or weak in climate models due to deficiencies in parameterizations of gravity 29 wave intermittency. Our results suggest a way forward to improve model rep-30 resentations of lowermost stratospheric quasi-biennial oscillation winds and 3. teleconnections. 32

1. Introduction

Long-range weather forecast skill has demonstrated links to the tropical stratosphere. The quasi-34 biennial oscillation (QBO), a reversal of the tropical lower stratosphere zonal mean winds roughly 35 every other year, is an important source of predictability for seasonal forecasts of the North At-36 lantic Oscillation (NAO) [Scaife et al. 2014a]. Although confined to tropical latitudes, the QBO 37 has clear connections to polar stratospheric extreme vortex events [Holton and Tan 1980] and ex-38 tratropical surface weather conditions [Thompson et al. 2002; Garfinkel et al. 2012]. The QBO 39 also modulates the chemical composition of the stratosphere, for example dominating interannual 40 variability in tropical stratospheric water vapor with associated effects on chemistry and tempera-41 ture [Mote et al. 1996; Randel et al. 2004]. 42

The key characteristics of the QBO are zonal mean winds that oscillate from easterly to westerly 43 with an average period of 28 months and ranging from \sim 22 to 34 months. The circulation is not 44 locked to the annual cycle, rather the period is inversely related to atmospheric wave momentum 45 transport, or more specifically to the divergence of Eliassen-Palm flux [Dunkerton 1997], which is 46 often called wave drag or wave forcing. A range of studies have identified tropical gravity waves 47 as a crucial component of the momentum transport necessary to drive the QBO, with current 48 estimates suggesting more than half of the flux is carried by gravity waves that are generated 49 by tropical convection (e.g. Kawatani et al. [2010a]). Global characterizations of gravity waves 50 and their momentum transport remain an observational challenge due to their small scales, high 51 frequencies, and intermittent occurrences [Geller et al. 2013; Alexander 2015]. Models therefore 52 play a major role in our understanding of tropical gravity waves and their effects on circulation. 53 Despite the fact that the basic wave-mean flow interaction mechanism that forces the QBO has 54

⁵⁵ been understood for decades, most climate models still do not have a QBO. The global climate

and weather forecasting models that do include a QBO rely on parameterization of sub-grid-scale
gravity wave forcing. Such parameterizations often assume an average set of wave properties,
continually forced at all times and all longitudes. A few climate models include varying gravity
wave properties that are tied to the model's parameterized convection (e.g. Richter et al. [2014],
Bushell et al. [2015]), but large uncertainties in specifying the properties of the sub-gridscale
gravity waves remain [Schirber et al. 2015].

In this study, we employ a global model that is uniquely constrained by observations in multiple 62 ways in order to examine interannual, subseasonal, and geographical variability in tropical gravity 63 waves and their effects on the stratospheric circulation. The model is designed to represent the 64 scales of gravity waves that are observed by limb-sounding satellite measurements, which provide 65 constraints for the modeled gravity wave momentum transport. Global precipitation and cloud 66 observations provide constraints on variability in latent heating that force the waves in the model. 67 Finally, zonal mean winds in the model are relaxed to those in reanalysis, and the model is initial-68 ized with reanalyzed zonal mean temperaturess in order to realistically constrain wave propagation 69 and interactions with the circulation. 70

In section 2, we describe the precipitation and cloud data that will be used to estimate latent 71 heating that forces tropical waves in the model. Section 3 describes the model experiment design, 72 the latent heating algorithm, and the properties of tropical clouds, precipitation, and latent heating 73 for the two experiments in El Niño and La Niña conditions. Section 4 describes the model results 74 and compares them to observations, including tropical tropopause wind and temperature varia-75 tions, the properties of the gravity waves, and wave driving of the QBO. Section 5 is a discussion 76 of the results and their implications for global climate and weather modeling, and section 6 is a 77 summary with conclusions. 78

79 2. Data Description

⁸⁰ a. Background

The launch of the Tropical Rainfall Measuring Mission (TRMM) satellite in 1998 began an 81 era of high-resolution global precipitation measurement. TRMM products include the TMPA 82 (3B42) gridded rain rates at $0.25^{\circ} \times 0.25^{\circ}$ spatial resolution and 3-hourly time intervals [Huffman 83 et al. 2007]. Ryu et al. [2011] described an algorithm for computing the 3-dimensional time-84 dependent latent heating field using TRMM 3B42 rain rates, and ancillary cloud-top height derived 85 from global merged geostationary satellite observations of infrared brightness temperatures. The 86 resulting three-dimensional time-dependent latent heating field defined sources for waves with 87 periods longer than 6 hours in a dry dynamical primitive equation model. Ortland et al. [2011] 88 used this method to study the sensitivity of the wave Eliassen-Palm flux (EP-flux) spectrum to 89 spatial resolution in the model. They showed that at the 3-hourly temporal resolution of the TRMM 90 3B42 data, spatial resolutions resolving wavenumbers higher than 60 gave only minor increases in 91 the EP-flux. Thus for modeling gravity waves, the 3-hourly time resolution was clearly a limiting 92 factor. Higher-frequency gridded precipitation products available include CMORPH [Joyce et 93 al. 2004] with 8-km spatial and 30-min temporal resolution, GSMAP with 0.1° spatial and 1-94 hourly temporal resolution [Ushio et al. 2009], and a recent product called IMERG [Huffman et 95 al. 2015, ATBD] with 0.1° spatial and 30-min temporal resolution based on new measurements 96 from the Global Precipitation Missions (GPM). IMERG is currently only available beginning in 97 2014, although there are plans to extend the IMERG record back in time. For the present study, we 98 seek to model the historical period 2006-2007, a time when we have high-resolution satellite limb-99 sounding observations that we can use for validation of gravity wave momentum fluxes [Alexander 100 2015]. We therefore utilize CMORPH rain rates degraded to $0.25^{\circ} \times 0.25^{\circ}$ spatial resolution but 101

utilizing the full 30-min temporal resolution. The focus in this work will be on tropical convective wave sources within $\pm 30^{\circ}$ of the equator.

¹⁰⁴ b. CMORPH Precipitation

Like other high-resolution precipitation products, CMORPH takes advantage of the frequent 105 sampling of geostationary infrared measurements and combines these with higher-quality mi-106 crowave precipitation measurements to create a gridded spatio-temporally varying precipitation 107 rate product. Sapiano and Arkin [2009] found 3-hourly CMORPH $0.25^{\circ} \times 0.25^{\circ}$ data showed 108 the highest correlations against gauge data among several comparable data sets. However, all 109 showed a tendency to underestimate rainfall over the tropical Pacific Ocean. Habib et al. [2012] 110 evaluated CMORPH at 8 km \times 8 km, 30-min resolution against dense rain gauge observations 111 and radar-based estimates in Louisiana. CMORPH was found to have negligible bias over the 112 28-day study period, high detection skills and rainfall occurrence distributions that compare very 113 well to the radar. Significant biases occurred on event scales, and missed and false-rain detections 114 were $\sim 20\%$, but these errors are reduced considerably through aggregation. Our degradation to 115 $0.25^{\circ} \times 0.25^{\circ}$ resolution partly serves that purpose, and we will further focus on statistics of wave 116 generation with a full month of data. 117

118 c. Global-merged Infrared Brightness Temperature and Cloud-top Height

TRMM ancilliary data include global merged infrared brightness temperatures utilizing the international set of geostationary measurements. The merged data is available equatorward of 60° at 4-km spatial resolution and 30-min time resolution. As for the rain rate data, we degrade these brightness temperatures to $0.25^{\circ} \times 0.25^{\circ}$ spatial resolution but retain the 30-min temporal resolution. Occasional gaps in coverage occur but are filled by linear interpolation in time utilizing measurements in the previous and following 1.5 hours to achieve a continuous coverage. A small
but persistent gap in coverage occurs in the tropical Southern Hemisphere eastern Pacific, but
since this is a generally dry region, it is unlikely to affect our results. Cloud-top height is estimated by matching the observed brightness temperature to regional temperature profiles taken
from the MERRA reanalysis [Rienecker et al. 2011].

Figure 1 shows sample snapshots of the resulting rain rates and cloud-top heights at $0.25^{\circ} \times 0.25^{\circ}$, 30-min resolution.

3. Experiment Design

132 a. Latent heating

Using the precipitation rates and cloud top heights from section 2, a three-dimensional, time-133 dependent tropical latent heating field is calculated with the algorithm described in detail in Ryu 134 et al. [2011]. Briefly summarizing the procedure, a combined rain-rate and cloud-height criterion 135 categorizes the heating profile as convective or stratiform type. For the convective-type rain, heat-136 ing is specified as positive everywhere with a half-sine vertical profile shape, and heating depth 137 and peak heating are functions of rain-rate and cloud top height. For stratiform-type rain, melting 138 level is a function of rain rate, and peak upper tropospheric heating rate and peak lower tropo-139 spheric cooling rate are functions of rain-rate and cloud height. The algorithm is similar to the 140 TRMM Spectral Latent Heating (SLH) product [Shige et al. 2007]. In particular, it includes a 141 factor that accounts for horizontal transport of precipitation from convective to stratiform regions. 142 This three-dimensional latent heating is computed at the same 30-min resolution as the cloud 143 and precipitation data. The latent heating field can be compared to other existing latent heating 144

products after sufficient averaging. The appendix provides some additional information about the
 latent heating.

147 b. Model

A global nonlinear spectral model is used to simulate waves forced by the space-time-varying 148 tropical latent heating. The model was described previously in Ortland et al. [2011]. In the present 149 cases, the model is initialized with November monthly mean zonal winds and temperatures and 150 run for two months, through the end of December. We subsequently analyze the December re-151 sults only. The model troposphere is forced with the three-dimensional, time-varying latent heat-152 ing field, which forces a broad spectrum of waves, including global-scale equatorial Rossby and 153 Kelvin waves through mesoscale gravity waves. Newtonian cooling is applied to the perturbation 154 temperature, where a perturbation is defined as the deviation from the daily MERRA zonal mean. 155 The time scale of the Newtonian cooling is 5 days in the stratosphere and 25 days in the middle 156 and upper troposphere [Ryu et al. 2011]. In the lower troposphere below 650 hPa ($\sigma > 0.7$), the 157 Newtonian cooling time scale gradually decreases to 8 days at the lowest model level [Held and 158 Suarez 1994]. The zonal-mean zonal wind is relaxed to a time-varying state defined by the daily 159 zonal-mean MERRA zonal wind at a rate of $.05 \text{ d}^{-1}$ to ensure realistic QBO shear throughout 160 the simulation. The vertical grid consists of 130 sigma levels with a uniform resolution of 500 m 161 between the surface and 65 km. The top \sim 30 km of the model serves as a sponge layer where 162 wind perturbations are strongly damped with Rayleigh friction. The friction starts from zero at 30 163 km and ramps with with a tanh function shape to a maximum of 7 d^{-1} above 45 km. An eighth-164 order horizontal hyper-diffusion is used to prevent energy from accumulating at the smallest model 165 scales. It is set to damp the smallest scale at a rate of 1 d^{-1} . The horizontal resolution is truncated 166 at T120, resulting in a resolution of \sim 150km, a scale chosen to permit simulation of gravity waves 167

resolved in limb-sounding satellite observations [Alexander 2015] that we will use to validate the
 modeled gravity waves. We force the model with the zonally-symmetric component of the heating
 removed, and focus on analysis of waves with periods shorter than 30 days.

171 c. Experiments

We simulate two December periods in 2006 and 2007. These represent, respectively, weak 172 El Niño and strong La Niña events as seen in the time series of the ENSO 3.4 index shown in 173 Figure 2. Following the characteristic pattern for such conditions, precipitation in the December 174 2006 period was strongest in the central and eastern Pacific, while the precipitation maximum 175 shifted to the Indian Ocean/Maritime Continent region in December 2007. Both Decembers also 176 included significant precipitation variability associated with the Madden-Julian Oscillation (MJO), 177 also shown in Fig. 2. The MJO is only active during the last 13 days of December 2006, while it 178 is active throughout December 2007. For 2006, the MJO activity is focused in the eastern Indian 179 Ocean and Maritime Continent (phases 3-4), whereas in 2007 the signal propagates from Africa 180 to the Maritime Continent (phases 1-4). 181

The properties of waves forced by convective heating are sensitive to both the strength of the heating and the depth of the heating (e.g. Salby and Garcia [1987]; Bergman and Salby [1994]; Holton et al. [2002]; Beres [2004]). Geller et al. [2016] suggest that changes in these parameters with ENSO may explain previously observed sensitivity of the QBO to ENSO conditions. Thus to help place our wave analysis results presented later in context, we compare here occurrence frequency distributions of rain rate and cloud-top height for our two cases.

Figure 3 compares distributions of tropical rain rates and cloud top heights for December 2006 and December 2007 at latitudes most relevant to the QBO (10° S- 10° N). These distributions represent "convective" pixels only, defined as those with rain rates greater than 1.6 mm hr⁻¹. The two distributions are very similar, with no significant differences in the mean values. The La Niña year
 (2007) displays slightly more of the deepest clouds and higher rain rates, however there are fewer
 convective pixels overall, only 3.5% in December 2007 compared to 4.3% in December 2006.
 While ENSO dramatically affects the geographical patterns in precipitation, Fig. 3 suggests that
 globally these statistics of tropical convective rain rate and cloud depth remain relatively constant.

196 **4. Results**

¹⁹⁷ a. Monthly-mean Patterns in Latent Heating and Tropopause Wind and Temperature

Figure 4 shows the December mean heating rates at the 400 hPa level at $0.25^{\circ} \times 0.25^{\circ}$ resolution. Characteristic patterns associated with El Niño (2006) and La Niña (2007) are clearly visible in these panels. Note that rates in Fig. 4 are shown at finer horizontal resolution than the model. To force the model, 30-min heating rates are spectrally decomposed with spatial spherical harmonics and truncated to T120 (~ 1.5° resolution), and the 30-min rates are linearly interpolated in time to the model 3-min timestep.

Figure 5 compares December-mean tropopause (\sim 17 km) temperature maps for the MERRA 204 reanalysis and the model. The deepest latent heating in the model extends only to the 15-km 205 level, so these maps represent the dynamical responses to latent heating above those levels that are 206 directly forced. Note that the model initial conditions are zonally symmetric, so the longitudinal 207 variations in temperature result solely from wave responses to the tropospheric heating. The top 208 panels compare December 2006, and December 2007 is compared in the bottom panels. The same 209 comparison of monthly-mean zonal winds is shown in Figure 6. In these model monthly-means, 210 we are primarily seeing the projections of the slowly varying equatorial Rossby and Kelvin wave 211 modes on the tropopause temperature and wind structure. The stronger asymmetry in rain and 212

heating across the equator in the 2006 El Niño period leads to stronger responses in the equatorial
Rossby waves and characteristic off-equator temperature minima. Conversely in 2007, the western
Pacific temperature minimum and zonal winds are stronger on the equator and likely also related to
the stronger MJO activity there and stronger Kelvin wave responses. Similar tropopause responses
to latent heating variations were reported in the idealized model study of Norton [2006].

While the model shows differences from MERRA in these monthly-mean comparisons, the degree to which our highly idealized model does capture the observed zonally-asymmetric wind and temperature pattern differences in these two years is due to the realism of the monthly-mean heating distribution that is forcing the model. The comparison highlights the importance of waves forced by tropical latent heating in controlling the upper-level circulation and temperature structure.

224 b. Gravity Wave Spectrum

With heating varying on a 30-min timescale, the response in the model includes a broad spec-225 trum of gravity waves. We seek to identify relationships between the gravity waves generated 226 by the different latent heating variations, as well as their effects on the circulation in the lower 227 stratosphere. The differences in the zonal mean winds in December 2006 and December 2007 228 are strong at QBO altitudes, beginning at 18 km and above (Fig. 2c). The QBO wind variations 229 will dramatically alter the spectrum of waves through wave-mean flow interaction. We therefore 230 begin here by examining the vertical flux of horizontal momentum, which describes the gravity 231 wave contribution to the EP-flux [Andrews et al. 1987], and we examine this at the tropopause 232 $(\sim 17 \text{ km})$, which is above the direct latent heating forcing but below the QBO wind influences on 233 the spectrum. This permits an examination of the influences on the tropospheric latent heating and 234

circulation on the vertically propagating wave spectrum in isolation from stratospheric wave-mean
 flow interactions.

We perform 3-dimensional spectral analysis as a function of longitude, latitude, and time on overlapping 50° longitudinal sectors spanning latitudes $\pm 25^{\circ}$ over 3-day periods. Wind anomalies in the zonal and meridional directions (u', v') are computed as deviations from the 50° × 50° sector trends, and cosine taper functions in latitude and longitude are applied. The longitude sectors overlap by 5° on each side where the taper=1/2 such that the total flux in all sector spectra equals the global total, and each spectrum after tapering represents a ~ 40° × 40° region. The effective horizontal wavelength range resolved in the spectrum is 227-4447 km. Complex 3-dimensional transforms (\hat{U}, \hat{V}) are then multiplied by the complex conjugate of the vertical wind transform \hat{W}^* computed on the same grid, and the real part multiplied by atmospheric density gives the spectral density of vertical flux of horizontal momentum

$$F_M = \rho [\operatorname{Re}(\hat{U}\hat{W}^*), \operatorname{Re}(\hat{V}\hat{W}^*)] / \Delta k_x / \Delta k_y / \Delta \omega,$$

where (k_x, k_y) is the horizontal wavenumber vector and ω the frequency. The results are rebinned in terms of azimuthal direction of propagation (° from east) and phase speed (*c*) and renormalized to spectral density in these coordinates. Results for Dec 2006 and 2007 are shown in Figure 7, where we have further reduced the maximum wavelength included in these spectra to wavenumbers>12 (3335 km). The spectra have been averaged over 15-17 km (above the direct latent heating forcing and below the QBO) to best represent the gravity waves entering the stratosphere prior to their interaction with the QBO winds.

The spectra show some clear differences, but mainly similarities. 2006 shows a weak preference for westward propagation compared to eastward, while 2007 shows a strong peak in the eastnortheast direction and relatively weak westward flux. Meridional fluxes are more similar in the ²⁴⁷ two years. At higher phase speeds, $c > 20 \text{ m s}^{-1}$ the spectra are very similar, displaying a much ²⁴⁸ broader westward spectrum and narrower eastward spectrum. To bring out phase speeds relevant ²⁴⁹ to the QBO, Figure 8 shows the phase speed spectrum of the zonal flux only. The La Niña case ²⁵⁰ (2007) has larger flux overall, while the El Niño case shows slightly larger fluxes over a narrow ²⁵¹ range near $c = -20 \text{ m s}^{-1}$. Note, however, that we do not examine north-south asymmetries in ²⁵² gravity waves, which have shown sensitivity to ENSO in previous work [Sato et al. 2016].

Figures 9 and 10 examine regional variations in the spectrum. Not surprisingly, these are sub-253 stantial, and the fluxes vary to some degree with regional variations in the heating. Clearly the 254 ENSO variations in heating give rise to strong regional variations in the gravity wave spectra al-255 though the zonal mean spectra (Figs. 7 and 8) were relatively more similar. Surprisingly, the strong 256 El Niño heating in the Dec 2006 central Pacific does not result in much stronger gravity wave mo-257 mentum fluxes. The reason is likely related to different tropopause winds (Fig. 9c): Tsuchiya et al. 258 [2016] found stronger tropical gravity wave activity correlated with westward tropopause winds, 259 while in the central and eastern Pacific those winds are eastward. Note that the spectra over the 260 Indian Ocean and S. America show secondary peaks in westward propagating waves at the slowest 261 phase speeds. This is a spectral signature of the obstacle effect for wave generation associated with 262 the upper troposphere westward winds interacting with deep convection [Alexander et al. 2006]. 263 If these waves were instead generated in the middle troposphere, they would have been filtered by 264 the upper troposphere westward winds. These regional spectra also make it clear that the strongest 265 east/west asymmetries occur over these regions plus the African and S. American tropics, where 266 we see much faster westward phase speeds and much stronger eastward fluxes at $c < 10 \text{ m s}^{-1}$. 267 Figs. 9c and 10c summarize the geographical and interannual variations in tropopause gravity 268 wave momentum flux more quantitatively. Each symbol represents absolute momentum flux in a 269 $40^{\circ} \times 40^{\circ}$ region, $\pm 20^{\circ}$ latitude straddling the equator. In both of our simulated years, the Indian 270

Ocean and Maritime Continent regions are the locus of strongest troppause gravity waves, where 271 tropopause winds are also westward. The strongest fluxes in our simulations occur in December 272 2007 in the sector surrounding Sumatra, a locus of MJO activity throughout an extended portion 273 of the month (Fig. 2), suggesting that MJO precipitation variability might have greater effect on 274 gravity wave momentum fluxes than ENSO variability. Note that while a strong peak in total omni-275 directional flux occurs in the central Pacific in the 2006 El Niño year, the peak in total zonal flux is 276 muted due to strong filtering of eastward propagating waves in this region of eastward tropopause 277 winds. In the 2007 La Niña year we see a peak in the Sumatra sector in total omni-directional 278 flux as well as a strong peak in zonal flux, which is associated with the peak in eastward waves 279 (Fig. 9b) propagating through westward tropopause winds. 280

281 c. Validation of modeled momentum fluxes

Recent research has highlighted the high degree of intermittency in the occurrence of gravity 282 waves with different amplitudes [Hertzog et al. 2008; 2012; Jewtoukoff et al. 2013; Plougonven 283 et al. 2013; Alexander and Grimsdell 2013; Alexander 2015; Wright et al. 2013]. Observations 284 display log-normal distributions of gravity wave momentum fluxes with infrequent but large events 285 that contain much of the total flux. This high degree of intermittency can be quite important to 286 gravity wave effects on circulation [de la Cámara et al. 2014; Bushell et al. 2015]. Specifically, 287 the larger amplitude waves in the tails of the distributions can break at lower altitudes and result in 288 larger forcing in the stratosphere. Here we examine mean gravity wave momentum fluxes as well 289 as momentum flux frequency distributions in the model, and we compare both to observations. 290

Zonal and meridional wind anomalies are computed as in section 4.2 and the products of horizontal and vertical anomalies and density $\frac{1}{2}\rho((u'w')^2 + (v'w')^2)^{1/2}$ give an estimate of the local momentum flux magnitudes. This method gives accurate maximum values if waves are intermittent such that packets appear in relative isolation, an assumption relevant to the lower stratosphere.
Ideally, the wind covariances would be averaged over a period or wavelength, however we use this
approximate method following previous work [Plougonven et al. 2013].

Figure 11a shows occurrence frequencies of these gravity wave momentum fluxes at 20 km, con-297 trasting Dec 2006 (red) and 2007 (blue), and observations from limb-sounding satellites [Alexan-298 der 2015] ("HIRDLS/COSMIC", black). The number of measurements in the satellite retrievals 299 in a single month is too small to fill a distribution, so we use 13 month totals Dec 2006-Dec 2007 300 for comparison to the model results in Fig. 11a. Means of the distributions are 5.2 mPa for the Dec 301 2006 model, and 5.8 mPa for the Dec 2007 model. Averaging the available observations we obtain 302 a mean of 3.2 mPa in Dec 2006 (522 measurements) and 3.9 mPa in Dec 2007 (323 measure-303 ments). Note that to determine momentum flux from the observations required a wavelet analysis 304 of the vertical structure, so it is not truly a measurement at a single level, but it combines wave 305 amplitude information over a range of altitudes that varies with the wave vertical wavelength. Dec 306 2007 fluxes are larger than Dec 2006 in both the observations and the model. 307

Pre-Concordiasi long-duration balloon measurements covered all longitudes at an altitude near 308 20 km [Jewtoukoff et al. 2013]. The Pre-Concordiasi campaign occurred during a 3 month period 309 February-May, 2010, and the campaign average momentum fluxes from the two tropical balloons 310 were reported at 3.9 and 5.4 mPa. The Pre-Concordiasi values include the spectrum of gravity 311 waves from the buoyancy period to 1-day period, while our model cannot represent waves with 312 periods shorter than 1 hour due to the 30-min resolution of the forcing but includes periods up to 3 313 days. Thus neither the satellite nor the balloon observational comparisons can be considered exact, 314 but these comparisons do suggest the modeled fluxes are reasonably similar to the observations. 315

All of these momentum flux distributions approximately represent log-normal, non-Gaussian distributions. The standard deviation is therefore large compared to the mean value, but this does

not indicate a lack of significance. Jewtoukoff et al. [2013] considered the difference between the 318 two Pre-Concordiasi balloons as significant and attributed the difference to geographic sampling: 319 The second balloon with larger mean flux spent more time above the Indian Ocean/West Pacific 320 Ocean sectors where the occurrence of multicellular convection was concentrated and where we 321 also see largest momentum fluxes. Similarly, it is likely that the differences between the model 322 in Dec 2006 and Dec 2007 are also significant given the distinct peaks in the fluxes seen in the 323 spectrum (Fig. 7). However, the uncertainties in the heating derived from CMORPH precipitation 324 would also need to be considered in order to claim a statistically significant difference between 325 the two cases. Both the 3D satellite observations and the model suggest somewhat larger fluxes in 326 Dec 2007 than in Dec 2006. 327

At 20 km, QBO wind shears will have filtered some of the gravity waves. To isolate differences 328 associated with the tropical tropospheric conditions in the two years, we also show modeled mo-329 mentum flux distributions at the tropopause (\sim 17 km) in Fig. 11b, an altitude just below the QBO 330 shear zones. Note the expanded abscissa range to show the higher values that occur at this altitude. 331 Here interannual differences appear more prominently in the extended tail of the distribution, and 332 statistics for these distributions are shown in Table 1. The percentile statistics indicate that in Dec 333 2007 for example, fluxes larger than 20 mPa occur only 10% of the time (90th percentile) but 334 correspond to 54% of the total flux. This indicates that while convective waves are not quite as 335 intermittent as orographic waves observed over Southern Hemisphere topography [Hertzog et al. 336 2012; de la Cámara and Lott 2015], the convective waves display a substantially larger degree of 337 intermittency than is commonly assumed in non-orographic gravity wave parameterizations (see 338 Bushell et al. [2015]). By comparing our mean tropopause fluxes to the 20 km values given earlier, 339 a large fraction ($\sim 45\%$) of the flux has already dissipated in QBO shear zones below 20 km. 340

341 d. QBO Wave Driving

We can also examine the tropical wave EP-fluxes and flux divergences in the model. EP-flux divergence is a measure of the wave drag forces acting on the QBO. We also investigate the types of waves responsible for these forces in the model.

Figure 12 shows zonal wavenumber-frequency spectra of the absolute value of the vertical com-345 ponent of the EP-flux at 20 km and profiles of the divergence of this flux in Dec 2006 (a,b) and 346 2007 (c,d). In b and d, two profiles of each color represent separate integrations over eastward-347 only (positive) or westward-only (negative) wavenumbers. Black profiles represent integrals over 348 the full halves of the spectrum. Red profiles are integrals over only the planetary-scale waves, 349 which we define as frequencies less than 1 cyc d^{-1} and wavenumbers less than 12, illustrated with 350 a small box near the origin in the two figures. The differences between red and black profiles then 351 show the contributions from eastward and westward propagating gravity waves to the force on the 352 circulation. 353

In 2006, gravity waves account for almost all the westward forcing, whereas in 2007 the east-354 ward forcing is more equally proportioned between gravity waves and Kelvin waves. Note also 355 that in both cases contributions from gravity waves are substantial even below 20km. Close exami-356 nation of the two panels in Fig. 11 reveal that changes in the momentum flux distributions between 357 17 km and 20 km are mostly due to the loss of infrequently occurring, large amplitude waves, and 358 similar changes with altitude have also been seen in other models [Hertzog et al. 2012]. We note 359 that these large amplitude waves are missing in parameterizations of convective gravity wave drag 360 (see Bushell et al. [2015]), which may explain why models tend to poorly represent the QBO in 361 the lower stratosphere. Conversely, our model with realistic distributions in gravity wave sources 362

(i.e. latent heating) generates a much more realistic distribution of gravity wave amplitudes, and
 hence significant gravity wave forces in the lowermost stratosphere.

365 5. Discussion

Recent work has shown clearly the very intermittent nature of gravity waves. The intermittency 366 in our simulations (Fig. 11a) compares well to observations at an altitude near 20 km. Bushell et 367 al. [2015] show tropical momentum flux distributions for different gravity wave parameterizations 368 (their Fig. 6). Their invariant non-orographic parameterization dropped 4 decades in occurrence 369 at a flux of 6 mPa. Essentially, all of the waves in the parameterization are weak in amplitude 370 and not intermittent. They also showed the distribution of gravity wave momentum fluxes using a 371 variable convective source parameterization. In this case, occurrences drop 4 decades at a flux of 372 \sim 20-25 mPa, which is much more realistically intermittent than the invariant parameterization, but 373 the intermittency falls far short of that observed or that produced in our model. In particular, long-374 duration balloon observations [Jewtoukoff et al. 2013] (their Fig. 15) show that the momentum 375 fluxes drop 4 decades in occurrence at flux values ~ 100 mPa, and this occurs at ~ 80 mPa in our 376 simulations. 377

Typical invariant non-orographic gravity wave parameterizations have only very weak forces in 378 the stratosphere. They are designed instead to give realistic circulation effects in the mesosphere. 379 Orographic gravity waves are parameterized with much larger amplitudes than non-orographic 380 waves, and as a result they break and change the circulation in the upper troposphere and lower 381 stratosphere. However, large amplitude waves from convection do occur, and the momentum 382 flux convergences in the stratosphere can lead to substantial forces. For example, Stephan et al. 383 [2016] showed that realistic waves from summertime convection over the U.S. produce forces 384 in the lower stratosphere that rival orographic wave forcing. Most parameterizations in models 385

give relatively very small wave forces at stratospheric levels. Stochastic non-orographic parame-386 terization methods that account for realistically intermittent amplitudes have been developed [de 387 la Cámara and Lott 2015], and implementation in a global model showed improvements in the 388 timing of the springtime transition from westerly to easterly winds in the Southern Hemisphere 389 stratosphere [de la Cámara et al. 2016]. So including realistic intermittency in parameterized 390 non-orographic gravity wave amplitudes, while simulataneously reducing gravity wave drag due 391 to orographic waves, may be a way forward. Indeed, climate models struggle to simultaneously 392 simulate realistic Northern and Southern Hemispheric stratospheric winds, which could be due to 393 an over-reliance on orographic gravity wave drag. 394

Similarly, we find support for much larger intermittency in tropical convective gravity waves 395 than is typically parameterized, and we hypothesize this is the reason that models struggle to 396 represent realistic QBO winds and wind shears in the lower stratosphere at levels below 40 hPa 397 (e.g. Krismer and Giorgetta [2014]; Richter et al. [2014]; Coy et al. [2016]). Typical gravity 398 wave parameterizations drive only the upper levels of the QBO while planetary scale waves are 399 responsible for most or all of the forcing at the lower levels. An early example with an invariant 400 parameterization was shown in Giorgetta et al. [2002]. More recently Richter et al. [2014] showed 401 modern results with a variable convective source parameterization that gave a very realistic QBO 402 at pressure levels above 40 hPa, but in the lower stratosphere the westerly phases are too strong and 403 easterly phases too weak. Yoo and Son [2016] have shown that easterly QBO winds in the lower 404 stratosphere are associated with stronger tropical intraseasonal precipitation in the observational 405 record. Hence such errors in modeled QBO winds may hinder a model's ability to represent the 406 observed stratosphere-troposphere connections. We also note that many previous studies have 407 suggested that the easterly QBO wind phases are forced primarily by gravity wave drag (e.g. 408 Dunkerton [1997]; Kawatani et al. [2010a]). 409

More realistic intermittency such as shown in our Fig. 11 does in fact lead to significant forces in the lower stratosphere below 20 km (Fig. 12). That these forces are due to dissipation of the largest amplitude waves is also evident from comparison of the distributions at 17 km and 20 km shown in Fig. 11. Nearly half of the gravity wave momentum flux is dissipated between these levels in our model.

Our results may be relevant for realizing the long-range forecast skill that is expected from re-415 alistic representation of the tropical stratosphere in forecast models. Although the Scaife et al. 416 [2014a] study found the QBO among the four leading sources of skill in their winter seasonal 417 forecasts of the NAO, their forecast model's QBO teleconnection pattern was weaker than in the 418 observations. As mentioned above, model representations of the QBO tend to be least realistic at 419 low levels below 40 hPa, and discrepances in the width of the QBO are also common [OSullivan 420 and Young 1992; Hansen et al. 2013]: Either or both of these could be reasons for weaker tele-421 connections in models. Maximum correlations between extratropical winter conditions and QBO 422 winds have been observed with 50 hPa QBO wind in observations. If the lower levels of the QBO 423 are unduly important to describing extratropical teleconnection strength, it points to a clear weak-424 ness in models. Further, the results of Yoo and Son [2016] suggest that long-range forecasting 425 skill in tropical intraseasonal precipitation may be tied to realistic representation of the QBO at 426 lower stratosphere levels in models. 427

While studies have shown the QBO to be highly predictable on time scales longer than a year [Scaife et al. 2014b] the unprecedented disruption of the QBO in 2016 and the failure of forecast models to predict it [Newman et al. 2016; Osprey et al. 2016] place new emphasis on more realistic representation of the wave forcing of the QBO. There is also observational evidence that the QBO winds at low levels near 70 hPa may be experiencing a long-term weakening trend [Kawatani and

20

Hamilton 2013]. Hence more realistic simulation of the QBO may also be beneficial to near-term
 climate prediction as well as seasonal forecast model skill.

In addition to forcing the stratosphere and mesosphere, gravity waves from convection can also 435 directly force the circulation in the upper atmosphere and ionosphere [Vadas and Liu 2013; Vadas 436 et al. 2014]. The gravity waves that can propagate to these high altitudes have fast phase speeds, 437 faster than $\sim 50 \text{ m s}^{-1}$. While the peaks in our integrated phase spectra (Figs. 7-8) occurred at 438 phase speeds \sim 7-20 m s⁻¹, the spectra in Fig. 12 show that much faster waves also appear at higher 439 frequencies. In These maps also make it clear that the strongest east/west asymmetries occur over 440 these regions plus the African and S. American tropics, where we see much faster westward phase 441 speeds and much stronger eastward fluxes at $c < 10 \text{ m s}^{-1}$. particular, a lobe with phase speeds 442 of 70 m s⁻¹ among the westward propagating highest frequencies is prominent. According to 443 the linear dispersion relation (neglecting wind effects) vertical wavelength $\lambda_Z \sim 2\pi c/N$, these fast 444 waves would have $\lambda_Z \sim 44$ km in the troposphere, which is close to four times the most common 445 cloud and heating depth in our simulations of 11 km (Fig. 3). While a vertical wavelength of 446 twice the depth of the heating, or 22 km, is predicted for large-scale heat sources, Holton et al. 447 [2002] showed that smaller-scale heat sources will project more strongly on vertical wavelengths 448 four times the depth of the heating. Our model simulations support the Holton et al. [2002] result, 449 and show that such fast waves clearly appear in our simulations. In fact, they can dominate the 450 convectively-generated gravity wave spectrum at wave periods shorter than a few hours. 451

452 6. Summary and Conclusions

We use satellite-based global precipitation and cloud data at high spatial and temporal resolution to estimate three-dimensional time-varying latent heating and the resulting global wave spectrum generated by convection. The modeled zonally-averaged gravity wave momentum fluxes in the lower stratosphere are similar to those derived from 3D satellite data, and similar to those observed
by Pre-Concordiasi long-duration balloons. Modeled distributions of gravity wave momentum
fluxes also display similar intermittency to the Pre-Concordiasi balloon measurements. These
comparisons show that the modeled zonally-averaged fluxes fall within the range of variability
seen in observations.

Interannual variations in gravity waves were examined in the context of interannual precipitation 461 variations characterized by the ENSO 3.4 index. Spectra and intermittency of momentum flux 462 were also evaluated. Profiles of momentum flux convergence were used to examine gravity wave 463 forces acting on the QBO shear zones, and these forces were compared to planetary-scale tropical 464 wave forces. The results show that in the zonal mean sense, the changes with ENSO are only 465 modest, although regional variations in the gravity waves are large. For example, despite more 466 rain and latent heating in the El Niño case, the zonal gravity wave momentum fluxes are smaller 467 than in the La Niña case because of the shift in the precipitation to the central Pacific where upper 468 tropospheric zonal winds are less favorable for vertical wave propagation. The more active MJO 469 convection in the Indian Ocean/Maritime Continent region in the La Niña case appears to be a 470 more important source in terms of gravity wave momentum fluxes. 471

The modeled intermittency in gravity wave amplitudes is similar to that observed in existing 472 drifting isopycnal balloon measurements [Jewtoukoff et al. 2013], but current parameterization 473 methods significantly underestimate this degree of intermittency in gravity waves above tropical 474 convection, even with more realistic convective source parameterizations. Stochastic parameteri-475 zation methods such as described in de la Cámara and Lott [2015] could be applied to the tropics 476 utilizing these intermittency statistics, and we show evidence to suggest that such intermittency 477 could improve the simulation of the QBO at lower levels where models show clear weaknesses, 478 below $\sim 22 \text{ km} (40 \text{ hPa})$. We further hypothesize that improving the simulation of the QBO at these 479

lower altitudes might improve simulation of tropical-extratropical teleconnections and associated
 skill in long-range weather and seasonal climate forecasts.

In the future, we may have better observations to validate the inter-annual and regional variations 482 in gravity wave momentum flux predicted in our model. Future measurements planned during the 483 STRATEOLE-2 field campaign (www.strateole2.org) will provide a wealth of observations for 484 model validation. Beginning in 2014, new precipitation measurements in the Global Precipitation 485 Measurement (GPM) era have led to a new 30-min, $0.1^{\circ} \times 0.1^{\circ}$ resolution IMERG rain rate product 486 [Huffmann et al., 2015]. These data are reportedly better constrained at higher frequencies, and 487 may provide more accurate forcing for future model studies that can be more thoroughly validated 488 with observations from STRATEOLE-2. 489

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APPENDIX

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Latent Heating

The latent heating algorithm we use to compute space-time gridded heating rates suitable for 494 wave studies was described in Ryu et al. [2011]. There, they showed the zonal-mean heating 495 profiles as functions of latitude in comparison to version 1 of the TRMM CSH latent heating 496 product. Changes in version 2 of CSH resulted in stronger rates and a shift downward in the 497 altitude of the peak heating. (See Tao et al. [2010]: their Fig. 10.) Considering these changes, 498 our heating algorithm compared reasonably well in the mean to CSH. No high-frequency latent 499 heating products exist for us to compare the higher-frequency variability. We instead validate our 500 modeled gravity waves with observations in section 4. 501

A further examination of the heating input to the model is shown in Figure A1. These are average 502 heating profiles over land and ocean regions within $\pm 30^{\circ}$ latitude for Dec 2006 and Dec 2007. The 503 heating profile shapes compare well to the TRMM SLH 15-yr means over land shown in Liu et 504 al. [2015], although these ocean profiles display weaker secondary shallow heating than the 15-yr 505 SLH means. The El Niño year (Dec 2006) shows less difference between heating over land and 506 ocean than the La Niña year (Dec 2007), which is not surprising given the shifts in precipitation 507 evident from Fig. 4. The active MJO during both of these months may be responsible for the 508 higher peak heating magnitudes in these cases compared to multi-year means [Tao et al. 2010; Liu 509 et al. 2015]. 510

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TABLE 1. Tropopause Momentum Flux Distribution Statistics

	Mean	90 th	99 th
	(mPa)	Percentile	Percentile
Dec 2006	9.5	19mPa/49%	46mPa/14%
Dec 2007	11	20mPa/54%	51mPa/18%

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692 693	Fig. 1.	Example snapshots of $0.25^{\circ} \times 0.25^{\circ}$ resolution rain rates (left) and cloud top heights (right) at 03:00 UT on 1 Dec 2006.	 37
694 695 696 697 698	Fig. 2.	Left: Time series of the monthly ENSO 3.4 sea surface temperature anomaly showing December 2006 and December 2007 as weak El Niño $(>+1^{\circ})$ and moderate La Niña $(<-1.5^{\circ})$ events, respectively. (Data source: NOAA/ESRL/PSD.) Center: MJO index (top) and phase (bottom) for Dec 2006 (red) and Dec 2007 (blue) as defined by the MJO Multivariate Index [Wheeler and Hendon, 2004]. Right: Wind profiles for Dec 2006 (red) and Dec 2007 (blue).	38
699 700 701	Fig. 3.	Distributions of tropical 10°S-10°N rain rates (left) and cloud top heights (right) at $0.25^{\circ} \times 0.25^{\circ}$ resolution for "convective rain" points, those with rates exceeding 1.6 mm hr ⁻¹ . Colors indicate Dec 2006 (red) and Dec 2007 (blue).	 39
702 703 704	Fig. 4.	Monthly-averaged 400 hPa latent heating (K hr ⁻¹) mapped 60° S- 60° N for December 2006 (left) and December 2007 (right) shown at $0.25^{\circ} \times 0.25^{\circ}$ resolution. The patterns illustrate typical ENSO variability.	40
705 706	Fig. 5.	Monthly-mean tropopause temperatures for Dec 2006 (top row) and Dec 2007 (bottom row). Left: MERRA reanalysis. Right: Model.	41
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720 721 722 723 724 725	Fig. 10.	Regional variations in the gravity wave momentum flux spectrum December 2007. (a) Map of the 400hPa latent heating (0-1 K hr ⁻¹) shown for reference, with dashed lines marking each latitude/longitude sector. (b) Nine different azimuth (W-S-E-N-W) vs. phase speed (0-32 m s ⁻¹) momentum flux spectra, below each sector. (c) Equatorial 100hPa zonal wind (blue, left axis) and momentum flux (symbols, right axis). Blue background marks westward winds, and pink marks eastward winds.	 46
726 727 728 729	Fig. 11.	Tropical (20S-20N) momentum flux distributions for Dec 2006 (red) and Dec 2007 (blue). (a) Distributions at 20 km. The black line shows the distribution derived from limb-sounding satellite observations (HIRDLS/COSMIC [Alexander 2015]) for Dec 2006-Dec 2007. (b) Distributions from the model at 17 km.	 47
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732		<1 cyc d ⁻¹ and zonal wavenumbers <12 . (b) Dec 2006 profiles of integrated F_Z divergence
733		(force). Two black and two red profiles show spectra integrated separately over positive and
734		negative wavenumbers, with positive and negative values respectively. Black profiles show
735		the result from integrating the total spectrum while red show the integration only over the
736		planetary-scale waves. (c) Same as (a) but for Dec 2007. (d) Same as (b) but for Dec 2007 48
737	Fig. A1.	Profiles of latent heating averaged over land (solid) and ocean (dashed). Left: December
738		2006. Right: December 2007



FIG. 1. Example snapshots of $0.25^{\circ} \times 0.25^{\circ}$ resolution rain rates (left) and cloud top heights (right) at 03:00

⁷⁴⁰ UT on 1 Dec 2006.



FIG. 2. Left: Time series of the monthly ENSO 3.4 sea surface temperature anomaly showing December 2006
and December 2007 as weak El Niño (>+1°) and moderate La Niña (<-1.5°) events, respectively. (Data source:
NOAA/ESRL/PSD.) Center: MJO index (top) and phase (bottom) for Dec 2006 (red) and Dec 2007 (blue) as
defined by the MJO Multivariate Index [Wheeler and Hendon, 2004]. Right: Wind profiles for Dec 2006 (red)
and Dec 2007 (blue).



FIG. 3. Distributions of tropical 10°S-10°N rain rates (left) and cloud top heights (right) at $0.25^{\circ} \times 0.25^{\circ}$ resolution for "convective rain" points, those with rates exceeding 1.6 mm hr⁻¹. Colors indicate Dec 2006 (red) and Dec 2007 (blue).



FIG. 4. Monthly-averaged 400 hPa latent heating (K hr^{-1}) mapped 60°S-60°N for December 2006 (left) and

⁷⁵⁰ December 2007 (right) shown at $0.25^{\circ} \times 0.25^{\circ}$ resolution. The patterns illustrate typical ENSO variability.



FIG. 5. Monthly-mean tropopause temperatures for Dec 2006 (top row) and Dec 2007 (bottom row). Left:
 MERRA reanalysis. Right: Model.



FIG. 6. Monthly-mean 100hPa zonal winds for Dec 2006 (top row) and Dec 2007 (bottom row). Left:
MERRA reanalysis. Right: Model.



FIG. 7. Spectral density of gravity wave momentum flux at the tropopause in mPa deg⁻¹ (m/s)⁻¹ as functions of azimuthal angle from east and phase speed for December 2006 (left) and December 2007 (right). The spectra are averaged between 15-17 km altitude.



FIG. 8. Zonal gravity wave momentum fluxes (mPa/ms⁻¹) at the tropopause for Dec 2006 (red) and Dec 2007 (blue).



FIG. 9. Regional variations in the gravity wave momentum flux spectrum December 2006. (a) Map of the 400hPa latent heating (0-1 K hr⁻¹) shown for reference, with dashed lines marking each latitude/longitude sector. (b) Nine different azimuth (W-S-E-N-W) vs. phase speed (0-32 m s⁻¹) momentum flux spectra, one for each sector. (c) Equatorial 100hPa zonal wind (red, left axis) and momentum flux (symbols, right axis). Blue background marks westward winds, and pink marks eastward winds.



FIG. 10. Regional variations in the gravity wave momentum flux spectrum December 2007. (a) Map of the 400hPa latent heating (0-1 K hr⁻¹) shown for reference, with dashed lines marking each latitude/longitude sector. (b) Nine different azimuth (W-S-E-N-W) vs. phase speed (0-32 m s⁻¹) momentum flux spectra, below each sector. (c) Equatorial 100hPa zonal wind (blue, left axis) and momentum flux (symbols, right axis). Blue background marks westward winds, and pink marks eastward winds.



FIG. 11. Tropical (20S-20N) momentum flux distributions for Dec 2006 (red) and Dec 2007 (blue). (a)
Distributions at 20 km. The black line shows the distribution derived from limb-sounding satellite observations
(HIRDLS/COSMIC [Alexander 2015]) for Dec 2006-Dec 2007. (b) Distributions from the model at 17 km.



FIG. 12. (a) Dec 2006 zonal wavenumber-frequency spectrum of vertical Eliassen-Palm flux (F_Z) at 20 km with the small box near the origin indicating planetary-scale waves with frequencies <1 cyc d⁻¹ and zonal wavenumbers <12. (b) Dec 2006 profiles of integrated F_Z divergence (force). Two black and two red profiles show spectra integrated separately over positive and negative wavenumbers, with positive and negative values respectively. Black profiles show the result from integrating the total spectrum while red show the integration only over the planetary-scale waves. (c) Same as (a) but for Dec 2007. (d) Same as (b) but for Dec 2007.



Fig. A1. Profiles of latent heating averaged over land (solid) and ocean (dashed). Left: December 2006.
 Right: December 2007.